Adult Congenital Heart Disease (ACHD) Newsletter



Bwrdd lechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board



NEWLY EXPANDED ACHD TEAM 2022!

Funding from WHSCC has enabled us to expand our ACHD service covering South Wales.
A warm welcome to all new members of our team including ACHD Consultant Dr Simon Macdonald, ACHD Psycholiogst Dr Anna Mcculloch and three specialist nurse Claire, Kindre and Katrina!





^ Dr Mcculloch & Dr MacDonald ^

ACHD Clinics

During the Covid pandemic most appointments were held virtually. We are gradually reintroducing face-to-face consultations for our patients and working through a backlog in appointments.

Our ACHD team offer appointments in various hospitals across south Wales:

- University Hospital of Wales, (Cardiff & Vale)
- Ysbyty Cwm Rhondda (Cwm Taf)
- Prince Charles Hospital (Cwm Taf)
- Singleton Hospital (Abertawe Bro Morgannwg)
- Princess of Wales Hospital (Abertawe Bro Morgannwg)
- Glangwili Hospital (Hywel Dda)
- Withybush General Hospital (Hywel Dda)
- County Hospital (Aneurin Bevan)

Updated Welsh ACHD website!



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About the Adult Congenital Heart Disease (ACHD) service



The South Wales Adult Congenital Heart Disease (ACHD) Service is based in the University Hospital of Wales and also attends clinics in other hospitals in south and west Wales.

We are building and developing new clinics for ACHD patients across south Wales, aiming to bring care closer to their homes.

Our ACHD team consists of Specialist Cardiology Consultants, Clinical Nurse Specialists, experienced Physiologists and a dedicated ACHD team co-ordinator. We work together to provide care for adults (aged 16 years and over) with Congenital Heart Disease across Wales.



< For up to date news, information and support on all aspects of ACHD please visit:

https://cavuhb.nhs.wal es/our-services/ adult-congenitalheart-disease-achdservice/



Mental health awareness week *May 9-15th*



Congenital heart disease doesn't just affect the body, it affects the mind, too. Living with a health condition can be difficult, and can evoke a wide range of strong emotions.

We recognize the importance of mental health and have a wide variety of support available via our ACHD Website:

https://cavuhb.nhs.wales/our-services/adult-congenital-heart-disease-achd-service/achd-psychology-resources/

The Cardiac Specialist Nurses are also able to discuss psychological or emotional support services available (Call: 02921 844 580)